



## Your tour hosts and ride leaders, Roger and Suzie Knable!

It's a privilege getting to know our cyclists personally and welcoming them into the **Bike and the Like** family. We enjoy providing exciting and affordable trips while exposing many to the fun of travel "on two wheels".



Place  
Stamp  
Here



**Bike and the Like**

1 Houndstooth Court  
Owings Mills, MD 21117



## **Bike and the Like**

**Personally Hosted,  
Affordable, Fun  
Bicycle Tours Since 1994**

1 Houndstooth Court  
Owings Mills, MD 21117  
410-960-6572 or 1-877-776-6572  
info@bikeandthelike.com

[www.bikeandthelike.com](http://www.bikeandthelike.com)



## A Great Variety of Tour Offerings!

**California** - Starting in San Francisco, we bike up the Pacific Coast, pass grand redwoods of the Russian River Valley, enjoy the Napa wine country, and pedal along Lake Tahoe.



**Cape Cod** - From pristine beaches to beaoning lighthouses, we'll explore Cape Cod cycling from the beautiful Canal, through its many preserved towns, along the famous Rail Trail-- all the way to the dunes of Provincetown. This trip also features a weekend on famous Martha's Vineyard and a day trip to the whaling island of Nantucket.

**Historic C & O Canal** - An exciting bike trail adventure following the Potomac River Valley through three states at peak fall foliage time.



**Oh Canada!- Toronto to Ottawa** - Pedal from the forests of Ontario's Muskokas, through majestic Algonquin

Park, along the beautiful Ottawa River through the rustic Pontiac region of Quebec into the bicycle friendly capital of Canada, Ottawa.

**Holland Bike and Boat** - Bicycle friendly Netherlands! Visit nature preserves of the Dutch sea Coast, imposing castles and walled towns of the middle ages, and quaint fishing villages of the Province of Friesland.



Pedal along beautiful rivers dotted with windmills, buy delicious cheese at the famous Alkmaar Market, and dip into Germany following the paths of the Romans.

**Prague-Vienna-Budapest!** - Romantic castles and rolling poppyfields of Southern Bohemia, fertile vineyards of Austria, cycling along the mighty Danube into Vienna, meandering ancient villages of Slovakia, and a grand finale in majestic Budapest.



## Nooks & Crannies

That's our approach to touring, and we try to create routes that entice cyclists to pace their day and stop to enjoy the sights.

*Members of the NBTDA-National Bicycle Tour Directors Association and Advocacy Group of the League of American Bicyclists since 1989*



## What's typically included in our trip price!

- Lodging at motels and inns
- Delicious breakfasts and dinners; some snack stops
- Support vehicle for rider assistance and luggage transport
- Experienced ride leaders accompany cyclists on route
- Motorcoach transport, ferries and shuttles
- Walking tours and excursion fees
- Mechanical assistance and bike assembly help
- Pre-trip travel and training advice
- Welcome Letter containing lots of pre-trip details, and trip "rider packet" that includes cue-sheets, itinerary, maps and other trip information
- AND MUCH MORE!

**Please visit**

**[www.bikeandthelike.com](http://www.bikeandthelike.com)**

**to see beautifully detailed pages for all of our trip offerings!**



**Need more information? Have a question about our trips? Roger & Suzie Knable look forward to your call or e-mail!**

**410-960-6572 or 1-877-776-6572 or [info@bikeandthelike.com](mailto:info@bikeandthelike.com)**

**Experience the fun and adventure of a Bike and the Like tour!**